

CANOE CLUBS

Beaver Canoe Club	www.beavercanooclub.org	
Blackwater Paddlers	www.quesnelpaddlers.com	
Borderline Boaters Club	www.borderlineboaters.com	bdodge@selkirk.
Columbia Canoe & Kayak Club - Castlegar	sbport@telus.net	250-365-6065
Cowichan Canoe & Kayak Club	www.cowichansports.com	
Dogwood Canoe Club	www.dogwoodcanoe.com	604-590-5321
Kelowna Canoe & Kayak Club	business.silk.net/kckc/ kckcebmater@gmail.com	
NW Brigade Paddlers	http://www.paddlepg.blogspot.com/	
Port Moody Canoe Club	www.pmck.org	
Victoria Canoe & Kayak Club	www.vckc.ca	250-381-5090
Canoe Kayak BC	www.canoeKayakbc.ca	604-465-5268
RCABC	www.bccanoe.com	250-592-4170

WHITewater KAYAK CLUBS

Canoe Kayak BC	www.canoeKayakbc.ca	604-465-5268
Chiliwack Center Of Excellence	ccekayak.tripod.com	
Fraser Valley Whitewater	www.fraservalleywhitewater.com	
Kayak West Forum	www.kayakwest.com	
VIU Kayak Club Don	don.cohen@viu.ca	250-714-1175
Paddle Fernie	www.paddlefernie.com	
Vancouver Canoe Polo Club	www3.telus.net/vcpc vancouvercanoe polo@gmail.com	
Vancouver Island WW Paddling Society	www.surfkayak.org info@surfkayak.org	
Vancouver Kayak Club	www.vankayak.org info@vankayak.org	

SEA KAYAK CLUBS

Campbell River Paddlers	www.crpaddlers.com	members@crpaddlers.com
Cowichan Canoe & Kayak Club	www.cowichansports.com	
Island Paddlers - Salt Spring Isl		250-537-1116
Columbia Canoe & Kayak Club	sbport@telus.net	250-365-6065
Kelowna Canoe & Kayak Club	kckcwebmaster@gmail.com	
Comox Valley Paddlers - Comox	www.comoxvalleypaddlers.ca	bwcaldertelus.net
Nanaimo Canoe & Kayak Club	www.nckc.nisa.com	commodore@nckc.ca
Nanaimo Paddlers	www.nanaimopaddlers.org	
Nelson Kayak & Canoe Club	www.canoe.kics.bc.ca	
Pacific Int'l Kayak Assn - Langley	www.pikakayak.com	
Sea Kayak Association of BC	www.skabc.org	membership1@skabc.org
Victoria Canoe & Kayak Club	www.vckc.ca	
Victoria Sea Kayakers Network	dspittlehouse@telus.net	

FLAT WATER CANOEING ASSOCIATIONS

Burnaby Canoe & Kayak	www.burnabylake.com	604-267-2256
CanoeKayak BC	www.canoeKayakbc.ca	604-465-5268
False Creek Racing Club - Vanc	www.fcrc.com	604-684 7223
Fort Langley Canoe Club	www.fortlangleycanoeclub.ca	604-888-0129
Gorge Paddling Center - Victoria	www.gorowandpaddle.org	250-658-6333
Kamloops CKBC	www.kamloopscanoeandkayak.com	250-851-9862
Nanaimo Canoe/Kayak	www.nckc.nisa.com	250-758-4052
Nelson Kayak & Canoe Club	www.canoe.kics.bc.ca	250-352-5665
Ridge CKBC - Maple Ridge	www.rckc.ca	program_coordinator@rckc.ca

OUTRIGGER and DRAGON BOAT CLUBS

Canadian Outrigger Racing Association (CORA)	www.canadianoutrigger.com
Comox Strathcona Canoe Racing Club	thbutchers@shaw.ca
Delta Outrigger Kanu Association - Delta	www.deltaracingcanoe.com
Dragon Boat Association - Vancouver	www.dragonboatassociation.ca
Dragon Boat BC	www.dragonboatbc.ca
False Creek Racing Canoe	www.fcrc.com
Gibsons Canoe Club - Gibsons	www.gibsonspaddleclub.ca
Gorge Rowing & Paddling - Victoria	www.gorowandpaddle.org
Jericho Outrigger Canoe Club	www.jerichoutrigger.com
Kelowna Dragon Boat Club	www.kelownadragonboatclub.com
Lotus Sports Club	www.lotussports.com
Nelson Kayak & Canoe Club	www.canoe.kics.bc.ca
Nanaimo Paddling Centre	www.gorowandpaddle.org
Ocean River Canoe Club - Victoria	www.orspaddlingclub.com
Pacific Reach	www.pacificreach.net
Penticton Racing Club	www.pentictonoutrigger.com
Port Moody Racing Club	www.gorowandpaddle.org
Sproat Lake Canoe Club	www.members.shaw.ca/sproatlakecanoeclub
Vernon Paddling Centre	www.vrenonpaddlingcentre.ca
Victoria Canoe & Kayak Club	www.vckc.ca
VIU Kayak Club	don.cohen@viu.ca

GUIDELINES FOR SAFE CANOEING

There is no replacement for experience and common sense while paddling. Here are a few simple 'rules' that will help ensure that you have a safer trip:

- Paddle with a friend or two
- Never paddle further away from shore than you are prepared to swim
- Carry a bailer or pump, an extra paddle and a sound signaling device
- Wear clothing appropriate for weather and water conditions
- Carry a warm spare set of clothing
- Always carry a repair kit, survival kit, first aid kit and a 15 meter throw line
- Wear a personal flotation device (life jacket) at all times
- Install bow and stern lines
- Let someone know where you are going and when you will return
- Carry extra flotation for canoes on river trips
- On river trips, scout ahead
- Carry a light if you will be out after dark
- Transport Canada Regulations: www.tc.gc.ca/MarineSafety

Western Canoeing & Kayaking

Western Canada's largest specialty paddling store



◦ Sales ◦ Lessons ◦ Rentals ◦

1717-Salton Rd, Abbotsford, BC
Ph: 604.853.9320 TF: 1.866.644.8111

www.westerncanoeKayak.com
westerncanoe@telus.net

2011 Paddler's Information Guide



Your guide to information on paddling adventures, clubs, lessons, demos, racing & much more

Western Canoeing & Kayaking

Phone: (604) 853-9320, TF: 1-866-644-8111

www.westerncanoeKayak.com

Let us help you discover the joys of paddling! We offer a huge selection of gear, as well as a complete line of rental canoes and kayaks. We also offer professional instructional programs to fit everyone's needs. More info at www.westerncanoeKayak.com

Paddling Adventure

BC Ferries has opened up the coast for paddlers. Multi port sailing features visits to small communities along the inside passage. Be advised that there are few amenities available once you disembark. For additional information call: 1-888-BCFERRY. From outside North America call 250-386-3431, www.bcferrys.com

Broken Group Islands: Coastal paddling at its best. Camping fees: \$9.80 per night per person are collected by park licensed concessionaires. Visa and MC are accepted. Maximum stay on each island is 4 nights with a maximum of 14 nights in the Islands. Pets are not permitted. For more info please call the Pacific Rim Nat'l Park at 250-726-7721. Email: pacrim.info@pc.gc.ca

Bowron Lake Circuit: Reservations are a must (limited 'walk-on' spaces available) This 116km canoe route is one of the Province's most popular canoeing destinations. Bookings for July & August generally fill up early so make yours at least 2 months in advance. Visit www.hellobc.com for booking information. If you require equipment and/or lodging contact Beckers Lodge at 250-992-8864 or Bowron Lake Lodge at 250-992-2733.

PADDLING EVENTS

April 2	WCK Hobie & SUP Demo 6 - 7 pm	Cultus Lake	604-853-9320
April 9	RCABC AGM	Hope	www.bccanoe.com
April 16	Clipper Demo Day	Kamloops	250-377-0157
April 17	Clipper Demo Day	Vernon	250-545-9555
April 23	WCK Demo Day 9 - 11 am	Abbotsford	604-853-9320
April 30	WCK Spring Sale	Abbotsford	604-853-9320
May 7 & 21	WCK Demo Day 9 - 11 am	Abbotsford	604-853-9320
May 13-15	Wooden Canoe Heritage Event	Shelton, WA	604-943-3052
May 25	WCK Hobie & SUP Demo	Cultus Lake	604-853-9320
June 4 & 25	WCK Demo Day 9 - 11 am	Abbotsford	604-853-9320
June 8 & 19	WCK Hobie & SUP Demo 6 - 7 pm	Cultus Lake	604-853-9320
June 11	Victoria Paddle Fest	Victoria	250-381-4233
June 18	Calgary Paddle Fest - Clipper	Calgary	403-262-4327
June 19	Clipper Demo Day	Red Deer	403-343-3658
July 10	Vancouver Paddle Fest - WCK	Vancouver	604-853-9320
July 13	WCK Hobie & SUP Demo 6 - 7 pm	Cultus Lake	604-853-9320
July 16 & 30	WCK Demo Day 9 - 11 am	Abbotsford	604-853-9320
Aug 20	WCK Demo Day 9 - 11 am	Abbotsford	604-853-9320
Aug 27	WCK End of Summer Sale	Abbotsford	604-853-9320

*WCK Demo Days are FREE. Register online at westerncanoekayak.com to reserve your spot. Demos are held in Abbotsford. Pre-registration is required.

CANOE LESSONS - to Register Call 604.853.9320

Lower Mainland Discovery Trips

Get to know the paddling gems of the Lower Mainland! Bring your own canoe or we'll bring one for you. Come out yourself or bring the family and friends. There will be a 1-hour canoeing clinic at the beginning to give you the skills to thoroughly enjoy the day. Lunch is provided. Cost is \$90 or \$100 per person, canoe rental included.

Dates & Locations: **Widgeon Creek(\$90)** Apr 6, Jun 4, Jul 24, Aug 13
Harrison River(\$100) May 15, Jun 26
Indian Arm (\$90) Apr 23, Jun 12, Jul 31
False Creek Discovery (\$90) May 28, Jul 16, Aug 21

Level 1 Canoeing with CRCA Certification - Whonnock Lake. Cost \$90

Mar 12, Mar 26, Apr 10, Apr 23, May 7, May 21, Jun 5, Jun 25, Jul 9, Jul 17, Aug 6, Aug 14, Aug 27, Sep 4, Sep 18

Voyageur canoe tours are also available. Contact our instructor Dave Wooldridge at 604-250-0744 or dave@ridgewilderness.com

WHITEWATER KAYAKING LESSONS - to Register Call 604.858.2888

2 Day Introductory Course

In this weekend introductory course you will learn the basic strokes and strategies necessary to progress from the classroom to flat water to moving water while enjoying a safe and fun outdoor adventure.

Instructor: Kay-Uwe Konojacki of Purple Hayes School of Kayaking
Location: Cultus Lake and Chilliwack River
Fee: \$200.00 (equipment included)

Dates: May 7 & 8, May 14 & 15, May 28 & 29, Jun 11 & 12, Jun 25 & 26, Jul 2 & 3 (under 18 class), Jul 9 & 10, Jul 23 & 24, Aug 6 & 7, Aug 20 & 21, Sept 10 & 11, Sept 24 & 25

River Rescue

2 day course designed to teach the fundamentals of rescue and safety, concentrating on boat-based rescues of self and others. We also look at recognizing hazards (and what to do about them). June 4 & 5; Fee: \$200.00

Intermediate Clinic

Designed for people who have the basics, this course focuses on river reading and running skills. Course content can vary. Call for information. Fee: \$50.00

TOURING KAYAK LESSONS - to Register Call 604.853.9320

Introduction to Sea Kayaking Course

Key components of this course include: Introduction to the kayak and safety equipment, review of Canadian small craft safety regulations, tides/current information, basic paddling strokes and self rescue procedures. This is a great introduction to the fundamentals of ocean paddling. Kayak courses will be arranged outside our listed programs for groups of 4 or more.

7 hr course 9:00 am – 4:00 pm
\$130.00 includes kayak rental, safety equipment, and wetsuit rental.
 Available Dates: April 30, May 1, 7, 14, 15, 21, 23 & 29, June 4, 12, 18, 19 & 25, July 2, 10, 16 & 30, Aug 1, 7, 13, 14 & 27, Sept 3, 5, 18 & 24, Oct 2 8 & 10.

Capsize Course

This 4 hour course covers solo and assisted capsize recovery procedures. It is designed to build confidence and safety awareness through an understanding of kayak re-entry. The course provides participants with an understanding of the necessary safety gear when paddling, and techniques used to support a capsized person.

4 hr Course 1:00 pm – 5:00 pm
\$ 95.00 includes kayak rental, safety equipment, and wetsuit rental

Dates: May 22 & 28, June 5, 11 & 26, July 1, 9, 17 & 31, Aug 6 & 28, Sept 4 & 17.

Intermediate Course

This four hour course is designed for paddlers who have basic experience and seek to expand their kayaking capabilities. The course is great for those interested in developing skills for rolling. The program will focus on high and low bracing, edging, leaning, hip flicks, sculling and various draw strokes.

Recommended Prerequisite –Intro to Sea Kayak Course and/or Capsize course.
 4 hr Course 8:00 am - 12:00 noon

\$95.00 / person plus GST, includes kayak, equipment & wetsuit.
 Available Dates: June 11 & 26, July 3 & 24, August 6 & 28, Sept 4 & 25, Oct 1.

Kayak Rolling

Under the guidance of an instructor, explore the techniques necessary for successful and consistent rolling. Kayak rolling is taught using a one on one approach, which is beneficial for the first time roller to those interested in enhancing their roll. Participants should have a thorough understanding of strokes and capsize procedures.

\$35/person, equipment rental extra
 Call Howard for details at 604-535-7985

Specially designed classes for CRCA, Refresher, Kids Only, and Private Instruction available. Call Howard at 604-535-7985.

Forest Service Maps: Information about campsites can be found on the BCFS website at: http://www.tca.gov.bc.ca/sites_Trails/ or by contacting the Forest Practices Branch -- 250-387-1946

Join our newsletter at
www.westerncanoekayak.com
Visit our blog at:
www.westerncanoekayak@blogspot.com

ADDITIONAL CANOEING & KAYAKING COURSES

Additional canoeing & kayaking courses & private instruction may be available. Check our website for additional dates (westerncanoekayak.com/lessons.php) or contact Western Canoeing and Kayaking for further information at 604-853-9320.

Need to rent a canoe or sea kayak?
Call us at 604-853-9320 or Toll Free: 1-866-644-8111

RACES, RODEOS and FESTIVALS

WW=Whitewater Kayak or Canoe DB=Dragon Boat
 M=Marathon O=Outrigger-OC6 R=Relay

OM	Apr 2-3	Wake up the Gorge	www.vckc.ca
MR	Apr 10	Kelowna Ski 2 Sea	www.ski2sea.ca
MR	May 1	Mt Washington Snow to Surf	www.snowtosurf.com
WW	May 1	Chilliwack River WW Festival	www.vankayak.org
O	May 1	Brotchie Reach Offshore Outrigger Races	www.gorowandpaddle.org
WW	May 1	Chilliwack River Throwdown	info@purplehayes.bc.ca
M	May 7	BC Classic Spring Marathon Canoe Race	rawstron@shaw.ca
O	May 14	PRCC Duel in the Desert	www.pentictonoutrigger.com
DB	May 28	Gorge Super Sprints - Victoria	www.gorowandpaddle.org
WW	May 27-29	Puntledge River Festival	www.surfkayak.org
O	May 28-29	16th Annual Jericho Iron Classic	www.jerichoutrigger.com
MR	May 29	Ski to Sea Race Bellingham	www.skitosea.com
O	June 4	Island Iron	www.orspaddlingclub.com
WW	Jun 19	Chilliwack River Throwdown	info@purplehayes.bc.ca
DB	June 10-12	Alcan Dragon Boat Festival	www.adbf.com
DB	Jun 25	Nanaimo Paddle Fest	www.gorowandpaddle.org
O	July 2-3	Lotus Iron Race - Burnaby	www.lotussports.com
WW	July 23	Callaghan Creek Race	www.liquidlore.com
DB	July 8-10	Nanaimo Dragon Boat Festival	www.nanaimodragonboat.com
DB	Jul 16	Richmond Dragon Boat Festival	www.gorowandpaddle.org
DB	Jul 23	Harrison Dragon Boat Festival	www.harrisondragonfest.com
O	Jul 30-31	Vernon freshwater Challenge	www.vrccoutrigger.com
DB	Aug 6	Gorge Fest	www.gorowandpaddle.org
DB	Aug 12-14	Victoria Dragonboat Festival	www.victoriadragonboat.com
WW	Aug 12-14	Kananaskis WW Festival	www.calgarykayakclub.com
O	Aug 13-14	Canadian OC6 Iron Championships	www.canadianoutrigger.com
WW	Aug 14	Chilliwack River Throwdown	info@purplehayes.bc.ca
WW	Sept 2-4	Lytton River Festival	www.riverfestival.ca
DB	Sept 9-11	Penticton Dragon Boat Festival	www.gorowandpaddle.org
O	Sep 17	Length of the Lake - Penticton	www.pentictonoutrigger.com
WW	Sept 17-18	Tamih Five-0 Open Canoe Slalom	www3.telus.net/~soloboat
OM	Oct 8	Cranberry Festival	www.forttangleycanoecub.com
O	Oct 15-16	ORPC Bridges OC6 Race - Victoria	www.orspaddlingclub.com
O	Oct 22	Battle in the Bay - Nanaimo	www.gorowandpaddle.org